

Poems from the Proms

The Proms at St Jude's inspired local poet Michael Berg to write a series of poems on the performers and atmosphere of this annual event. Together with resident artist Shizue Takahashi, they have published Poems from the Proms which is for sale in aid of the North London Hospice.

Michael is a Proms regular as concert goer and volunteer steward. His poems have won awards and been published in publications ranging from the magazine Jewish Renaissance to a Tate Modern Anthology.

Shizue studied Fine Art at St Martin's School of Art and has been associated with the Proms

since 2002. They have both donated their services so that all the proceeds from the sale of the pamphlet go to the Hospice.

The varied mix of poems are drawn from concerts that Michael has attended over the past few years. Artists such as John Lill, Willard White and Humphrey Lyttelton are featured in words and pictures.

The booklet is £5 and is for sale at all the North London Hospice shops, from the Garden Suburb Gallery in Fellowship House, Willifield Way and from Joseph's Bookstore. For more information contact Ros Berg on 8455 6558.

Driving help needed

Every Tuesday afternoon a group of volunteers drive four groups of Fellowship members to and from the weekly talk at Fellowship House. These are people who would be unable to attend if they did not get a lift. We have several ladies from The Orchard and a mixed group of people from other parts of the suburb.

Drivers volunteer for just one Tuesday a month and it is

always possible to arrange a swap if a date is inconvenient.

We now have more members wishing to go to Fellowship House on a Tuesday and so we need four more volunteers to form a new rota.

If you have the time and are able to help please contact Gill Read, 8455 9523 or Kay Graham, 8455 5080 and we can answer any questions.

Fruit salad for 1,500 homeless

HGS Synagogue is delivering fruit salad to the homeless on the annual festival for trees, 27 January, for the fourth year since its inception by GP Jacqui Marshall and the "chesed" (voluntary welfare) committee established by associate rabbi, Anthony Knopf. Deliveries are to 30 locations who have upped their requests to almost 1,500 portions. Synagogue members bring and prepare the fruit after the Sabbath and it is delivered by other members the next morning.

Rabbi Knopf will be leaving London in February to take up a post outside Cape Town and will be sorely missed for his input to the educational and welfare programmes. These, and outreach generally, will continue under the leadership of Senior rabbi, Dov Kaplan.

A letter from the Honorary Officers to members speaks of working on plans "to fill some of the void which Rabbi Knopf will leave behind".

Library's added attractions

The volunteer run Garden Suburb Community Library has added an adult book club and a story time session for 2-3 year-olds with a steady following of seven children and sometimes up to ten. Story time now runs on a Tuesday morning at 10.15 for a half hour, in addition to the two toddlers' sessions on Thursday mornings. The book club's first meeting is on 1st February led by Alani Bray on The Great

Gatsby, for details email to mail@gardensuburblibrary.org.uk.

Weekly visits to the library are up by 40% since the community took over in April. The summer activities were highly successful, and more are planned for the Spring schools' holiday, hopefully including crafts sessions.

Thanks to volunteer manager and IT wizard Hetty Colchester, new books can now be seen at www.gardensuburblibrary.org.uk.

Thirty volunteers met in November at Fellowship House for a social evening and a brainstorming session to develop new ideas. These are being followed up during the coming months. Thanks to the team of volunteers the library continues to remain open from Tuesday to Saturday (10am to 5pm), and interestingly Wednesday is the most popular day for readers to change their books.

Suburb teacher and archivist Jonquil Griffiths 1935-2012



Jonquil was educated at St Albans High School for girls and then at St Anne's College, Oxford. She took up teaching, first at Talbot Heath School and then at Francis Holland.

She and her husband Chris, who also died in 2012, bought a house in Erskine Hill in 1978 and Jonquil taught at Henrietta Barnett School from 1978-99 and was Head of the History Department. She was very well informed and enjoyed teaching.

On retirement she volunteered to work at the Hampstead Garden Suburb Archive in our little basement room in the Henrietta Barnett School. Harry Cobb had retired from being the House of Lords Archivist, and today is our consultant archivist. I spent most time sorting photographs and using them for exhibitions, and Jonquil tackled the hard work. She dealt with two big Archive acquisitions: the papers of Jean Henderson and Kit Ikin – both

call 8359 3901 for more details or to receive a form by post. Barnet Council's Mobile Library also stops at The Orchard, off Hampstead Way, every Wednesday at 10am-12.30pm.

heroes of the Suburb. In the 1960s when there was a danger of the Suburb being privatised, they were largely responsible for saving the Suburb by creating the new Trust. Therefore their papers are a valuable record of our history. But, Oh what a jumble to sort! However Jonquil was undaunted and settled down to put them in order. She was very patient and methodical and a pleasure to work with. She is a great loss to the Archives.

She was a quiet person, but those who knew her well admired her. A friend who has known her since they were at St Albans High School together writes that "she was intelligent, hard working and loyal, and that she quietly observed life with amusement and made original, but perceptive comments."

MICKY WATKINS

Jonquil Griffiths' book 'Henrietta Barnett and her First Class High School' will be published soon and will be obtainable at the School.

Free book deliveries

Do you, or someone you know enjoy reading but are having difficulty getting to Garden Suburb Community Library due to age or disability? If so, did you know that Barnet council's Library Service run a free book delivery service? Anyone who lives in the borough, including those in residential homes, that has difficulty reaching a library and has no one to go on their behalf is eligible to use the Home Library Service.

The service visits each reader every four weeks with a selection of books chosen to suit the individual. Largeprint, audiobooks and music are also available, and DVDs are offered for a small fee. You can indicate which genres you enjoy reading, how many books you would require in a month, and even specific authors and titles at no extra cost.

If you are interested, fill out an online application form at www.barnet.gov.uk/libraries or



THE BOWEN TECHNIQUE

Is a complementary therapy with an excellent track record in providing healing of physical problems including:

- Muscular Strain
- Sciatica
- Sport Injury
- Shoulder problems
- Whiplash
- Back Pain
- Infant Colic

Elaine Wight Bowtech BTA D.N.N.
0203 524 0712 or 07845 941332

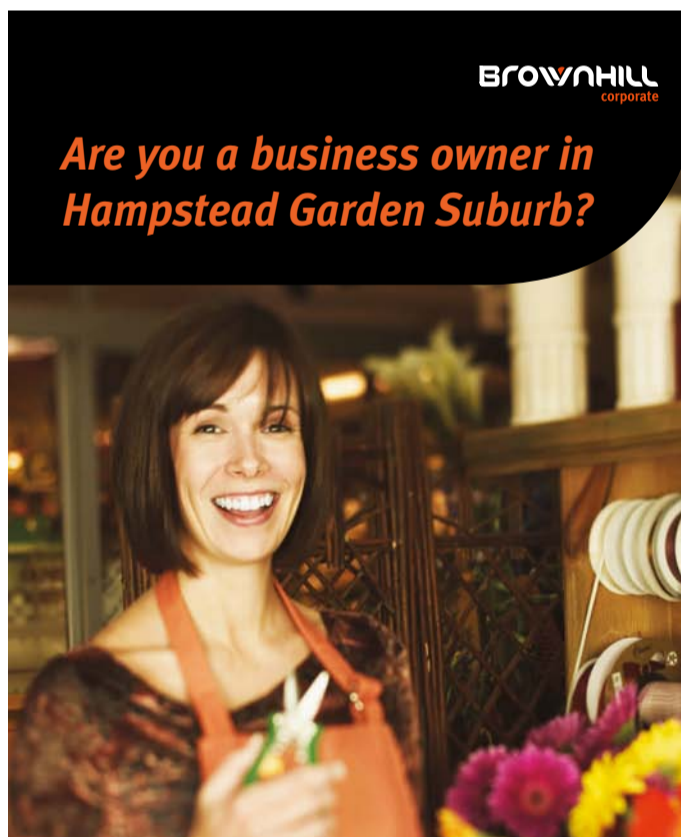
- The Bowen Technique
- Life Coaching
- Natural Nutrition



www.elainewight.co.uk

www.bowen-technique.co.uk

10% discount to members of the HGSRA.



Then we've got you covered!

Brownhill Corporate provides specialist commercial insurance for companies and businesses of all types and sizes. Their wealth of knowledge and expertise combined with market presence enables them to offer individually tailored solutions including risk management and health and safety advice from a wide range of providers.

For your no obligation quotation contact the corporate team on **020 8353 8979** or email to corporate@brownhillgroup.co.uk.

2nd Floor | Kent House | 41 East Street | Bromley | Kent BR1 1QQ
T 020 8658 4334 F 020 8650 5065 E info@brownhillgroup.co.uk

Duncan J. Maclean™

**GOOD OLD-FASHIONED PAINTWORK.
GUARANTEED TO LAST LONGER!**

Good old fashioned paintwork means doing the job properly!

We burn off all the old paint, wash down surfaces properly with warm water and sugar soap, rinsing off with clean water. We then fill holes, repair cracks and rub all surfaces down until smooth, applying four coats of Sikkens Paint.

My decorators have all been with me for around 10 and some for as long as 25 years. My men are probably some of the best decorators in the country. We guarantee our finished job for five years. It will probably last several years longer.

We have been decorating houses in London for over 30 years. Many of these houses are maintained under the Duncan MacLean/Sikkens 25 year maintenance scheme.

For More Information Call us on 0208 444 6970

email: duncan@duncanmaclean.co.uk

web: www.duncanmaclean.co.uk

Duncan J. MacLean, Huntingdon Works

Huntingdon Road, East Finchley, London, N2 9DX

BRILL ■ OWEN

CHARTERED ARCHITECTS

For a sensitive and sympathetic approach to Architecture and Interior design we offer a full or partial service to suit your requirements.

NICHOLAS BRILL M.SC. DIP. ARCH. RIBA MBIM
ASSISTANT TRUST ARCHITECT 1987-88

GROVE HOUSE • 2B LICHFIELD GROVE
FINCHLEY CENTRAL • LONDON N3 2JP
TELEPHONE: 020 8349 0037 • FAX: 020 8349 0092
EMAIL: architects@brillowen.co.uk • WEB: www.brillowen.co.uk

Our services:

- General Care
- Live-in Care
- Night Care
- Special Needs
- Equipment

A Better Way...

Tailored Home Care Services for Private, Social Services and PCT Customers

We support our Clients in every way we can and give them the control they need for a better quality of life in their own homes.

For more information contact us on
Tel: 020 7916 7270 Email: info@hartwigcare.co.uk

www.hartwigcare.co.uk

HC/013/0410